

2024 Annual Report



CONTENT

Founder's Note

About Us

Mission, Vision, Values

Child Nutrition: Food distribution project

Testimonials

Play and Thrive Project

Patient Care and Bill Coverage for 2025

Governance

Audited Financials

List of 2024 Donors

Advocacy and Awareness

Support

From our Founder

As we reflect on the past year, we are reminded of the urgent realities faced by children and adolescents in vulnerable communities. The ripple effects of food insecurity, economic hardship, and mental health challenges continue to shape their daily lives. Yet, through adversity, we rest knowing that the power of community and collaboration will continue to support our drive for resilience.

In 2024, Lluvia Health took significant strides in addressing childhood malnutrition and mental health. Our food distribution program reached hundreds of vulnerable families, particularly young mothers and caregivers of children under 5yrs in urban slums, ensuring that those most at risk had access to food items for nutritious meals.

We also launched our Play and Thrive Project, an innovative project that integrates therapeutic play into pediatric healthcare for mental health promotion and protection. Our pilot hospital playroom at Gbagada General Hospital provides a safe space where hospitalized children and children with chronic health conditions can socialize, express themselves, learn, and find joy even as they navigate difficult health challenges. Through co-creation with children, parents, healthcare professionals, and government agencies, we developed a replicable framework to bring play-based psychosocial support to paediatric healthcare in Nigeria.

None of these achievements would be possible without our dedicated partners, donors, and community members who share our vision of a world where every child can thrive, regardless of their circumstances. As we look to 2025, we plan to strengthen our nutrition program by including economic empowerment for young mothers, ensuring that families have sustainable pathways out of poverty and food insecurity. We know that when mothers thrive their children have a better chance at growing up healthy, nourished, and emotionally secure. We also will be expanding our therapeutic play program to more hospitals and communities.

The road ahead remains challenging, but with your support, we are determined to expand our impact—strengthening nutrition, advancing mental health care, and making play an essential part of childhood for all.

Thank you for going along with us on this journey. Together, we will help children be healthy, happy, and confident.

Dr. Amenze Eguavoen
Founder, Lluvia Health

VISION

To create a world where children and adolescents receive the support they need to grow into healthy, responsible adults who contribute positively to society.

MISSION

To enable children aged 0-19 years to be healthy and happy by providing social and psychological support in the form of Nutrition, Life-skills, and Therapeutic Play and Arts.

VALUES



RESPECT



EMPATHY



INTEGRITY



SERVICE



LOVE



HOPE



HUMAN-CENTERED



CHILD NUTRITION: FOOD DISTRIBUTION PROJECT

DELIVERING ESSENTIAL FOOD SUPPLIES TO THOSE WHO NEED IT MOST



This year, Lluvia Health Organisation provided hope and nourishment to vulnerable families through its annual food distribution project targeted at pregnant women, Young mums aged 15-24 years, and caregivers of children under 5 at Alimosho and Lagos Island suburbs of Lagos.

On December 21, 2024, Lluvia Health Organisation brought hope and nourishment to vulnerable families through its annual food drive, held at Ikotun Primary Health Centre in Alimosho LGA and Iga Iduganran Primary Health Centre in Lagos Island LGA. The drive was more than just a distribution—it was a day of support, empowerment, and community bonding, ensuring that families, especially young and their children had access to nutritious food and the mother provided essential health knowledge.

Each family received food supplies that provided much-needed relief in the face of rising food prices. Beyond the food distribution, health educators at both locations led vital discussions on Maternal, Infant, and Young Child Nutrition (MIYCN), antenatal care, hygiene, and overall well-being, equipping families with the knowledge to make healthier choices for their children. At Ikotun PHC, the atmosphere was even more lively with interactive games that fostered connections and brought smiles to the participants.



CHILD NUTRITION

A TOTAL OF 1,899 INDIVIDUALS ACROSS 404 FAMILIES BENEFITTED FROM THE INITIATIVE—210 FAMILIES AT IKOTUN PHC AND 196 FAMILIES AT IGA IDUGANRAN PHC. AMONG THEM, 156(38%) WERE YOUNG MOTHERS AGED 15 TO 24, WHILE 248(61%) WERE OLDER MOTHERS AND CAREGIVERS WITH CHILDREN UNDER FIVE.

This initiative was made possible through the generosity of individual donors and the invaluable product support from Golden Penny and Peak, whose contributions ensured that families had access to staple foods and essential nutrition. The impact of this food drive goes beyond numbers—it brought comfort, eased burdens, and reinforced the message that no family should have to struggle alone.

Data

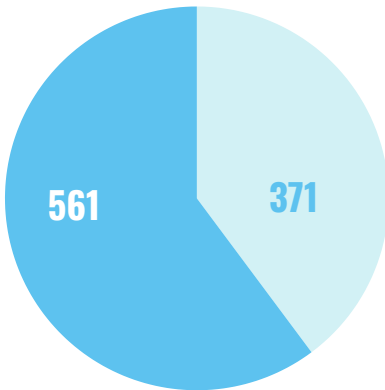
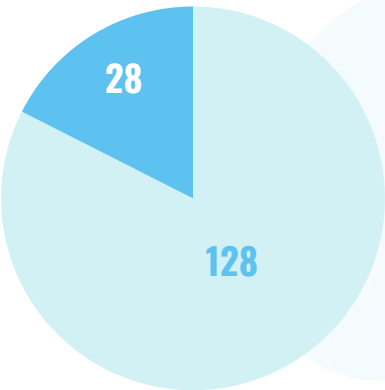
A total of 1,899 individuals across 404 vulnerable families received nutrition support: Beneficiaries within families included

156 Pregnant Women:

932 children 0–19yrs:

- ≤ 24 years old
- ≥ 25 years old

- aged 0–5 yrs
- aged 5–19 yrs



TESTIMONIALS

"Thank you so much for showing us love. I am truly happy; it has been a long time since someone gave me something like this. I didn't expect it; I thought it would be mosquito nets, but I was surprised to see rice, milk, and beans. A derica of rice now costs about ₦1,500, and food prices have become so high. For over a month, I don't remember the last time I had tea, but now I can because there's Peak Milk. There are also noodles and crayfish, even though these things are expensive. I deeply appreciate Lluvia for showing love to my family and me."

— **Pregnant Woman, Alimosho LGA.**



CHILD NUTRITION

It came just in time because I had nothing at home to eat that Saturday.

— **A young mother, Alimosho LGA.**

I want to express my heartfelt appreciation for the kind gesture. We truly didn't expect it, and it meant so much to us.

— **A father of a young mom, Alimosho LGA.**





**PROTECTING A CHILD’S
RIGHT TO PLAY IN ALL
SETTINGS INCLUDING
HEALTH SETTINGS**

Our Play and Thrive Project funded by Bama Mayonnaise came to life! We are thrilled to share that we established our fully staffed and furnished pilot playroom at Gbagada General Hospital.

The playroom brings joy, comfort, and psychosocial support to hospitalised children and children with chronic health conditions including disabilities. This milestone is the result of months of collaboration, discussions, and careful planning to ensure that every child—regardless of their health condition—has a space to play, express themselves, and heal.

We utilized a Human human-centred design approach, making sure the voices of stakeholders including children were captured. A template for the ideal hospital playroom was designed by Clinton Health Access Initiative (CHAI) in collaboration with representatives from government agencies such as LASUTH, Lagos State Ministry of Health, and Lagos State Health Service Commission; UNICEF, Nobelova, the Association for Play Therapy Nigeria (APTN), and the Children’s Developmental Centre (CDC), parents and children, including children with disabilities to ensure inclusion

We believe that every child—regardless of their health status—deserves the chance to play, smile, and thrive. With the Play and Thrive Project, we are making play an essential part of paediatric care.



“CHILDREN WITNESS WHAT HAPPENS WITH THE OTHER CHILDREN AS THEY ARE NOT SHIELDED FROM THE DEATHS OF OTHER CHILDREN ON THE WARD, AND OFTEN WITNESS RESUSCITATION ATTEMPTS. THIS CAN BE A FRIGHTENING EXPERIENCE AND HAVE A NEGATIVE IMPACT ON THEIR MENTAL WELL-BEING. OPPORTUNITIES FOR PLAY WILL DEFINITELY HAVE A POSITIVE IMPACT ON TREATMENT OUTCOMES, BUT ALSO ON THE CHILD’S PSYCHE. IT WILL ALSO ENSURE THAT THE CHILD HAS SOME FOND MEMORIES OF THE HOSPITAL AND DOES NOT ASSOCIATE THEIR STAY ON THE WARD ONLY WITH PAIN AND DISCOMFORT.”

- **Doctor, LASUTH.**



Therapeutic Play outreaches



"AISOSA WAS DIAGNOSED WITH LEUKAEMIA, AND THE TREATMENT, ESPECIALLY CHEMOTHERAPY, OFTEN LEAVES HER WEAK. SHE HAD BEEN BORED, JUST LYING IN BED WITH NOTHING TO DO. THIS EVENT WAS FUN AND EXCITING FOR HER BECAUSE SHE GOT TO LEAVE THE WARD AND PLAY. SHE ESPECIALLY LOVED THE PAINTING ACTIVITY, AND WE HAVE HER ARTWORK POSTED ON OUR WALL AT HOME.

PLAY IS IMPORTANT, ESPECIALLY FOR CHILDREN IN HOSPITALS, BECAUSE IT BRINGS THEM OUT OF THE WARD, KEEPS THEM ACTIVE, AND BRINGS THEM JOY. WE LOOK FORWARD TO MORE FUN ACTIVITIES FOR CHILDREN FIGHTING CANCER TO BRIGHTEN THEIR DAYS AND MAKE THEM HAPPY."

- AISOSA'S MOTHER

Children in hospitals usually experience fear, isolation, and a loss of control. To provide emotional and mental health support, we hosted a Children's Day Play and Arts Event for hospitalised children at Lagos State University Teaching Hospital (LASUTH).

Children participated in a variety of activities such as building bricks, puzzles, painting, and pottery facilitated by volunteers. Children who couldn't leave their beds had books read to them by The Bookworm Café and volunteers. Parents weren't left out as they took the opportunity to participate and bond with their children even in difficult moments.



Raising awareness and advocating for play on the Inaugural United Nations International Day of Play



On June 11, 2024, the world celebrated the first-ever International Day of Play, as declared by the United Nations. To mark this historic occasion, Lluvia Health Organisation, in collaboration with Upbeat Recreation Centre, The Children's Arts Gallery (TCAG), and Bama Mayonnaise, organised an exciting play-centred event for children with chronic health conditions and children with disabilities from various foundations, including the Children Developmental Centre, Sickle Cell Foundation, Irede Foundation, Loving Gaze Foundation, and Dorcas Cancer Foundation, for a day filled with laughter, creativity, and movement.

We focused on the benefits of play in protecting and improving the mental health and well-being of children by providing positive experiences and emotional outlets through creative expressions. Children participated in vibrant art activities including painting, collage-making, and colouring, with each child receiving art supplies to maintain therapeutic arts activities.



Parents received group counselling and bonded with their children during play. With the Paediatric Association of Nigeria and the Ministry of Health present, we took the opportunity to advocate for playrooms in healthcare facilities, ensuring that every child, regardless of health challenges, experiences the benefits of play.

Mrs Oluwabi recounted that her children, Iremide, male, 6 years old and Iretomiwa, female, 4 years old, kept the drawings and even took them to school to show their classmates. She said her son has been drawing since then and has the drawings from the past event pasted on the walls. Iremide asked if they would like to participate in the activities again.

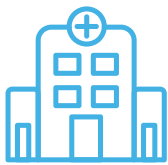


BUILDING THE WORKFORCE FOR PLAY INTERVENTIONS

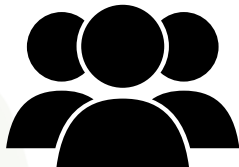
Children with Disabilities are often stigmatized and excluded from play. The play component of the Build A World of Play Project, where Lluvia Health provides technical support to the Children’s Developmental Centre, is reversing this. We co-facilitated a training program on Play interventions for children with disabilities, benefiting 100 healthcare workers and educators in the public sector. This training was conducted to build the capacity of healthcare workers and educators to provide play interventions for children with developmental delays, with the aim of providing inclusive play and achieving developmental milestones.



DATA



1 playroom established in a hospital



67 people sensitized on the importance of therapeutic play



100 healthcare workers & educators trained



50 children reached with psychosocial support through play



100% satisfaction rate reported by participating children



89% of participating children experienced an improved emotional state

Patient Care and Bill Coverage for 2025



In the year 2025, through the support of generous individuals, over ₦1,000,000 was spent on medical bill support for 18 indigent children hospitalized in three major hospitals in Lagos State: Gbagada General Hospital, Lagos University Teaching Hospital (LUTH), and Lagos State University Teaching Hospital (LASUTH).

These funds covered various conditions, with patients ranging from newborns to adolescents. The most common diagnoses included preterm birth complications, bronchopneumonia, septicemia, sickle cell, and various other illnesses. All beneficiaries were identified in collaboration with healthcare workers.



GOVERNANCE

BOARD OF TRUSTEES

Dr. Amenze Eguavoen
Executive Director /Founder

Otabor Iyoha
Director

ADVISORY BOARD

Dr Atta Kabiru
Chairperson, Advisory Board

Dr Chieze Ibeneche
Chair, Communications and
Fundraising Subcommittee

Amaka Iloh
Board Member

Folajimi Ashiru (Ph.D)
Board Member

Emily Crawford
Chair, Programs and
grants subcommittee

Osarugue Awani
Board Member

Dr Yemi Osinaike
Board Member

Dr. Uche Ralph-Opara
Board Member



AUDITED FINANCIALS

LLUVIA HEALTH ORGANISATION

Statement of Financial Performance for the Year Ended 31 December

	Note	2024 =N=	2023 =N=
Donations and Contributions	3	30,673,205.34	9,240,954.03
Expenses			
Cost of Activities	4	17,704,524.37	5,737,580.00
Operational and Administrative Expenses	5	1,937,125.18	2,120,099.02
Staff Cost	6	1,984,901.53	0.00
		21,626,551.08	7,857,679.02
Surplus/(Deficit) for the year		<u>9,046,654.26</u>	<u>1,383,275.01</u>

LLUVIA HEALTH ORGANISATION

Statement of Financial Position As at 31 December

	Note	2024 =N=	2023 =N=
ASSETS			
CURRENT ASSETS			
Cash And Cash Equivalents	9	11,185,952.12	1,989,297.86
		<u>11,185,952.12</u>	<u>1,989,297.86</u>
CURRENT LIABILITIES			
Trade And Other Payables	10	250,000.00	100,000.00
Total Current Liability		<u>250,000.00</u>	<u>100,000.00</u>
Net Asset		<u>10,935,952.12</u>	<u>1,889,297.86</u>
REPRESENTED BY:			
Accumulated Fund	11	<u>10,935,952.12</u>	<u>1,889,297.86</u>

Approved by the trustess on the 17th of March, 2025 and signed on its behalf by:



.....
Amenze Eguavoen
Trustee



.....
Otabor Iyoha
Trustee

AUDITED FINANCIALS

LLUVIA HEALTH ORGANISATION Statement of Cash Flows For the year ended 31 December

	2024 =N=	2023 =N=
Cash Flow From Operating Activities Surplus/(Deficit) for the year	9,046,654.26	1,383,275.01
Adjustment To Reconcile Operating Profit To Cash From Operating Activities		
Accounts Payable	<u>150,000.00</u> <u>150,000.00</u>	<u>-310,000.00</u> <u>-310,000.00</u>
Cash Inflow From Operating Activities	9,196,654.26	1,073,275.01
(Decrease)/Increase In Cash Cash And Bank Balances at the Beginning	9,196,654.26	1,073,275.01
Cash And Bank Balances at the End	<u>1,989,297.86</u> <u>11,185,952.12</u>	<u>916,022.85</u> <u>1,989,297.86</u>

LLUVIA HEALTH ORGANISATION

NOTE TO ACCOUNTS

1 GENERAL INFORMATION

Lluvia Health Organisation is a not-for-profit organization founded on improving the health and well-being of children and adolescents, creating positive healthcare experiences, and nurturing essential life skills. Our mission is to ensure that every young individual has the opportunity to grow and thrive, while equitably accessing quality health services, proper nutrition, meaningful play, and vital life skills for optimal health and overall well-being.

It commenced operation in 2020 but officially registered on the 14th December 2016 with Incorporation number IT 93300

SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

2. The principal accounting policies adopted in the preparation of these annual financial statements are set out below. These policies will be consistently applied in the future and reported where changes occur.

(a) BASIS OF PREPARATION

The financial statements of Lluvia Health Organisation have been prepared in accordance with International Financial Reporting Standards (IFRS) issued by the International Accounting Standards Board and IFRIC interpretations. These annual financial statements are presented in Naira and prepared under the historical cost convention with information and data provided by the owner of the NGO.

The preparation of financial statements in conformity with IFRS requires the use of certain critical accounting estimates. It also requires directors/trustees to exercise their judgement in the process of applying the accounting policies.

(b) REVENUE RECOGNITION

Revenue of the NGO represents donations from the trustees, donations from private companies and donations from various individuals in cash, kind and use of facility. The organisation recognises revenue when the amount of revenue can be reliably measured and when specific criteria have been met.

(c) RECEIVABLES

Members paid their dues timely and regularly, hence there is no receivables in the accounts.

- (d) **PAYABLES** Payables are recognised initially at fair value and subsequently measured at amortised cost using the effective interest method. Payables are classified as current if they are due within one year or less. If not, they are presented as non-current liabilities.

FUNDS

- (e) This is the accumulated earning over the periods of operations.

AUDITED FINANCIALS

- (f) CASH AND CASH EQUIVALENTS Cash and cash equivalents include cash in hand and deposits held at call with banks. Bank overdrafts are shown within borrowings in current liabilities.

CONTRIBUTED USE OF FACILITY:

- (g) The Foundation receives donated use of facilities in form of office space from one of the trustee and member of its board.

NOTES	2024	2023
	=N=	=N=
3 DONATIONS AND CONTRIBUTIONS		
Trustees Contribution Private Company	1,400,000.00	575,000.00
Contribution Donation From Individuals	6,465,136.88	518,700.00
Donation in kind Advisory Board	9,135,306.85	5,659,922.28
Donation Playroom Project Income	1,189,600.00	0.00
Exchange Gain	2,501,835.00	2,206,233.00
	8,763,750.00	0.00
	1,217,576.61	281,098.75
		9,240,954.03
	<u>30,673,205.34</u>	

The revenue of the organisation represent gift, donations and contributed good received during the year

4 COST OF ACTIVITIES		
Activities	Cost (=N=)	Cost (=N=)
Playroom Project Expenses	4,853,823.12	0.00
Food Distribution Project	7,087,800.00	5,737,580.00
Play And Thrive	1,875,095.00	0.00
Therapeutic Play Outreach	2,081,846.25	0.00
Medical Bill Support	1,805,960.00	0.00
		5,737,580.00
	<u>17,704,524.37</u>	

5 OPERATIONAL & ADMINISTRATIVE EXPENSES	=N=	=N=
Operational expenses	693,716.00	1,271,050.00
Bank Cahrges	34,614.18	17,049.02
Utilities	0.00	52,000.00
Office Expenses	0.00	0.00
Transport/Travelling	773,500.00	0.00
Printing and Stationeries	185,295.00	10,000.00
Tax Epenses	0.00	670,000.00
Professional fee	0.00	0.00
Audit Fee	150,000.00	100,000.00
	100,000.00	2,120,099.02

NOTES

	2024	2023
6 STAFF COST		
Salaries	1,714,901.53	0.00
Staff Training	270,000.00	0.00
	<u>1,984,901.53</u>	<u>0.00</u>
7 CASH AND CASH EQUIVALENT	=N=	=N=
Zenith Bank NGN	4,353,591.12	50,069.57
Zenith Bank Dollars	957,969.82	560,685.84
Zenith Bank Euro	167,514.91	99,080.00
GT Bank Dollars	982,308.05	1,024,754.02
GT Bank GBF	3,742,289.65	0.00
GT Bank	982,278.57	254,708.43
	<u>11,185,952.12</u>	<u>1,989,297.86</u>
8 TRADE AND OTHER PAYABLES		
Accruals	250,000.0	100,000.0
	<u>0</u>	<u>0</u>
	250,000.0	100,000.0
9 ACCUMMULATED FUND	0	0
B/F	1,889,297.86	506,022.85
For the year	9,046,654.26	1,383,275.01
	<u>10,935,952.12</u>	<u>1,889,297.86</u>

LIST OF 2024 DONORS

Benson Bella
 Paullete Umoh
 Eguavoen Amenze
 Awoyinfu Oluwaseyi
 Dele-Ijagbulu Abosede
 Ibrahim Olubunmi
 Lauretta Utubor
 Olundegun Afolabi
 Adenike Jagun
 Ifie Amanda
 Adaran Tolulope
 Tj Venture
 Uchechukwu Efifie
 Oboite Bernadette
 Arimoro Biobelemoye
 Asumah, Aniretuoritse
 Omogun Ikpomwosa
 Iloh Nwamaka
 Chieze Ibeneche-Nnewihe

Atta Kabiru
 Okpor Paul
 Egwuagu Jemeh
 Bud Infrastructure Ltd
 Uga Ogochukwu
 Majekodunmi Omololuoye
 Olaniyi Olayiwola
 Odewumi Tolulope
 Oluwasola Bolajoko Oni
 Omoniyi Oluwadamilola
 Kotun Adeyinka
 Agbebaku Wilson
 Gbabe Adedolapo
 Zuberu Kadiri
 Iyekeretin Nelson
 Salawu Habeeb
 Omezi Charles
 Ufuoma Avbovbo

Oyede Adedeji
 Adaku Nnoli
 Ogundare Adetoun
 Folajimi Ashiru
 Oritsetimeyin Ukubeyinje
 Thelma Osula
 Alfred Temitope
 Adegbola Oluwatobi
 Kushemiju Ruth
 Awani Osarugue
 Quaitey Femi
 Uzoma Uchenna
 Emily Crawford
 Bisi Babatunde
 Bisi Oyinlola
 Abubakar Abimbola
 Folayemi
 Oguntona Shola
 Stellamaris Moronkeji
 Osindero Olusola

Ayodeji Balogun
 Omogun Ikpomwosa
 Samugana Christopher
 Asekhamhe Osikpemhi
 Ezeife Barbara
 Ngozi Kwuofu
 Aluya Onegbedan
 Ojo Olubusola
 Edeh Chidiebele
 Fasawe Olufunke
 Nosakhare Ehigie
 Iliyasu Yahaya
 Abiola Abiodun
 Teniola Lawanson
 Folabomi Salami
 Anyandu Chidinma
 Rolez
 Aderibigbe Tayo
 Adeyemi Fajemisin
 Momoh Amos

THANK YOU

THANK YOU



ADVOCACY AND AWARENESS

In 2024, our advocacy and awareness initiatives were strategically designed to align with our core mission and values, fostering a holistic approach to child and adolescent health programming.

World Breastfeeding Week

During World Breastfeeding Week, Dr. Amenze Eguavoen, Executive Director, Lluvia Health, participated in radio rounds to advocate for breastfeeding and maternal nutrition, reinforcing our commitment to the Nutrition Pillar.

International Day of Play

On June 11, 2024, in celebration of the United Nations' inaugural International Day of Play, Lluvia Health participated in a webinar titled "The Importance of Play in Hospital Settings," hosted by the Association of Play Therapy Nigeria. This aimed at raising awareness on the health benefits of play in children and advocating for the integration of play as a therapeutic tool in healthcare environments.

We also leveraged VOP TV's "Health Talks" segment, to speak about the transformative benefits of play as a vital component of children's everyday emotional and mental development.

World Mental Health Day

In observance of World Mental Health Day, October 10, 2024, Lluvia Health hosted a webinar titled "Early Intervention: The Role of Play and Nutrition in Children's Mental Health." Featuring experts such as Philip Dimka, a psychologist, trauma therapist, and play therapy practitioner, and Temitope Fawehinmi, a registered dietitian. The session provided insights into our innovative approaches to mental health support.

A workshop targeting parents and caregivers at Gbagada General Hospital, titled "Play for Emotional Strength," was conducted by our Hospital Play Specialist/psychologist, Jennifer Odeniyi. The session equipped parents with tools to support their children's emotional development.

WAYS YOU CAN SUPPORT

1. Donate

Your financial contributions enable us to provide essential services such as nutrition support, therapeutic play, and life-skills training to children in need.

Donations can be made through the following channels:

Guaranty Trust Bank (GTB):

- oAccount Name: Lluvia Health Organisation
- oAccount Number: 0244822971 (Naira)
- oAccount Number: 0244822988 (US Dollars)

Zenith Bank:

- oAccount Name: Lluvia Health Organisation
- oAccount Number: 1015078297 (Naira)
- oAccount Number: 5071738797 (US Dollars)
- oAccount Number: 5060441857 (Pounds)
- oAccount Number: 5080436921 (Euros)

For more details on how to donate, please visit our [donation page](#).

2. Volunteer Your Time and Skills Join our team of dedicated team of volunteers by emailing info@lluviahealth.org or through social media.

3. For partnerships and collaborations, please contact us directly at +234 8020697363 or email info@lluviahealth.org.

LLUVIA HEALTH ORGANISATION- HELPING KIDS GROW UP HEALTHY, HAPPY, AND CONFIDENT



Suite 2, First floor
Pees Galleria, 2A
Osborne Rd, Lagos

lluviahealth.org

